

Divine Healing

Kelly McDonald, Jr.

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God's Will for All Mankind

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In this booklet you will learn:

- Why healing is still around today**
- How Jesus prayed for others to be healed**
- How to operate in the healing anointing**
- Testimonies of healing I have seen**
- How you can receive complete healing right now!**

Divine Healing

Does God still heal today? Some people say that healing died out in the 1st century or in the 4th century when the canon of Scriptures was completed. Is this the truth? Did God stop healing people? Let's examine what the Bible says about this subject.

The very first healing in the Bible occurred in the book of Genesis. In Genesis 20:17, the Bible records, "Then Abraham prayed to God, and God healed Abimelek, his wife and his female slaves so they could have children again..." The father of our faith, Abraham, prayed for people to be healed.

In Exodus 15:26, God gives us a promise of healing, "If you listen carefully to the Lord your God and do what is right in his eyes, if you pay attention to his commands and keep all his decrees, I will not bring on you any of the diseases I brought on the Egyptians, for I am the Lord, who heals you." God said this when the Israelites were coming up out of Egypt. When they left Egypt, they left whole and complete. As Psalm 105:37 reads, "He brought them forth also with silver and gold: and there was not one feeble person among their tribes" (King James Version). The Lamb they ate at the night of the Passover brought healing to their bodies. They went out spiritually and physically restored!

In Deut. 32:29, God Almighty said, "See now that I myself am he! There is no god besides me. I put to death and I bring to life, I have wounded and I will heal, and no one can deliver out of my hand." We even see healing at the end of the Bible! In Revelation 22:1-2, the Word of God records, "Then the angel showed me the river of the water of life, as clear as crystal, flowing from the throne of God and of the Lamb down the middle of the great street of the city. On each side of the river stood the tree of life, bearing twelve crops of fruit, yielding its fruit every month. And the leaves of the tree are for the healing of the nations." At the end of the book of Revelation, God still discusses healing. These verses have to do with the New Heavens and the New Earth,

which is the last phase of God's plan. Even in this final phase, healing is still necessary.

In the Bible, we learn that God never changes (Malachi 3:6, Hebrews 13:8). The same God who proclaimed in Deuteronomy that He healed can still heal today! The father of our faith, Abraham, prayed for people to be healed. Did we stop being children of Abraham? Then healing did not stop. It is still available today

In Isaiah 53:5, the prophet Isaiah foretold of Jesus Christ, "But he was pierced for our transgressions, he was crushed for our iniquities; the punishment that brought us peace was on him, and by his wounds we are healed." One of the reasons Jesus took the stripes upon His body is so that we could be healed! This is one of the reasons why He came. Let's face it. We cannot bear our emotional pains and physical burdens on our own. He took physical infirmity and burdens so that we did not have to!

Divine healing is supposed to be a routine experience for believers today. We need divine healing and we need to administer divine healing. To fully operate in this wonderful promise from God, we must understand a few things from the Bible.

There are two types of healing: natural healing and divine healing. Natural healing is where the body naturally heals itself. If you cut your finger, it will heal up over time. God made your body with natural healing functions. This is natural healing. When your body naturally heals itself, the part of your body that was healed will not be as strong as it was before (especially broken bones).

Divine healing is different. When God Almighty heals you, he restores your body to as strong as or stronger than it was before. He does not just mend it; He heals it and reverses the cause of the sickness, disease, or accident as if it never happened! When we pray for ourselves or others to be healed, we are seeking divine healing. In Mark 3, there was a man with a shriveled hand. This man had a serious injury that he needed to be healed from. He

was unable to use his hand. In verse 5 the Bible reads that Jesus "...saith unto the man, Stretch forth thine hand. And he stretched it out: and his hand was **restored whole** as the other."

The Greek word for restore means to restore to its former state – whole means to make you whole. God healed that man and restored His hand to the state it was in before it was afflicted! He healed him wholly – not a part of that hand was left unrestored – it was complete and thorough. The Apostle Paul tells us more about this wonderful gift of healing.

In I Corinthians 12, Paul writes about 9 spiritual gifts that are given to believers. One of these gifts is the gift of healing. Technically, the Greek language reads "gifts of healings". Both gift and healing are in the plural form. This plural form indicates that there are multiple manifestations of the healing gifting. There are also various kinds of conditions that can be healed. This makes sense if you consider the following. Some human ailments originate with physical events, such as an accident. If you fall off of a ladder and break your arm, this was a physical event. It required physical healing. Other illnesses may originate with a virus, like the flu. There are also illnesses that come from emotional wounds. Sometimes an evil spirit afflicts us and causes sickness. Afflictions can manifest in different ways. Below, I have listed five different kinds of healing events you can find in the Bible.

1) Healing of Physical deformities and injuries – In Matthew 12:1-14, Jesus prayed for a man with a withered hand. This man was healed and his hand was completely restored. In John 9:1-34, Jesus prayed for a blind man. This man was healed so that he could see. These were physical deformities or injuries that were healed.

2) Healing of sicknesses and diseases - In Matthew 8:1-4, Jesus prayed for a man to be healed of leprosy. Leprosy is a skin disease that afflicts your body. In Matthew 8:14-15, Jesus prayed for Peter's mother-in-law to be healed of fever. These were healings of infectious diseases.

3) The forgiveness of sins - In Matthew 9:1-6, there was a man with palsy, Jesus said 'your sins are forgiven you' and he was healed. In James 5:16, the Bible reads, "Confess your faults [or sins] one to another, and pray one for another, that ye may be healed." Confess your faults or sins one to another that you may receive healing. There are times that sin brings illness or infirmity. This is not always the case, but it does happen. In this instance, you need to pray for the afflicted person to have a revelation of their sins. Pray for God to shine His light into their hearts and minds to expose the sin in them so that they can repent.

4) Casting out of Devils - Matthew 15:21-28 - Jesus cast the spirit out of a girl. When the spirit left, she was healed of her illness. This shows us that some illnesses originate from spiritual affliction.

5) Resurrecting the dead - In Luke 8:49-56, Jesus went to pray for a little girl who had died. In verse 50, Jesus said that the girl could be healed if they believed. He prayed and she came back from the dead. This is a gift of healing because it is reversing the processes of sickness that caused someone to die! This restores them just as if they had never died!

Sometimes illness can be caused by emotional wounds. I know of people who contract depression because they have been hurt in their past.

Some people might say that they do not have the gifts of healings. God already promised us in the books of Exodus and Deuteronomy that He will heal us. In the New Testament, we have a further promise that **anyone** can pray for others to be healed. James 5:15 reads, "And the prayer offered in faith will make the sick person well; the Lord will raise them up. If they have sinned, they will be forgiven." Jesus even said in Matthew 18:19, "Again, truly I tell you that if two of you on earth agree about anything they ask for, it will be done for them by my Father in heaven." As long as we have the faith to pray for others to be healed, we can flow in this wonderful promise from God!

When Jesus prayed, every kind of disease and affliction was healed. In Luke 4:40, the Bible reads, “Now when the sun was setting, all they that had any sick with divers [all kinds of] diseases brought them unto him; and he laid his hands on every one of them, and healed them.” There is no disease too big for our God! Cancer, Rheumatoid Arthritis, torn ligaments, broken bones, broken hearts, and any other disease you can think of or look up – they can all be healed in Jesus name! It is the only name under Heaven by which men are saved and healed (Acts 4:12)!

When we pray for other people to be healed, we need to be discerning of the voice of God. As discussed, there are different kinds of illnesses and different causes for illness. When you pray, God will guide you in **how** to pray.

There are two ways you can pray for people to be healed:

In person

At a distance (whether near or far)

When you pray in person or far away, there are some important keys to praying for divine healing:

- 1) You must have compassion.** Many times in the gospels it says that Jesus prayed for sick people out of compassion. “And Jesus went forth, and saw a great multitude, and was moved with compassion toward them, and he healed their sick” (Matthew 14:14). We must have a heart that breaks at the sight of people who are hurting and disadvantaged. Out of this Godly compassion, healing virtue will flow. When compassion arises in us at the sight of sick people, it is a sign that the heart of God is active and alive in us.
- 2) When you pray in person, the Lord may have you lay hands on people.** Be discerning about this. Paul said not to be quick in the laying on of hands in I Timothy 5:22. We must discern the time to lay hands and the time not to. Many times, Jesus did lay hands on people. “Now when

the sun was setting, all they that had any sick with divers diseases brought them unto him; and he laid his hands on every one of them, and healed them” (Luke 4:40).

3) When you pray, you may feel virtue leave your body.

This will mostly occur when you pray in person, but it can occur when you pray from a distance. When Jesus was in the crowd, the Bible reads that “...the whole multitude sought to touch him: for there went virtue out of him, and healed them all” (Luke 6:19, King James Version). You will feel a little different when virtue leaves your body. The healing power of God is going through your body to the person who is in need of healing.

4) Sometimes the spoken word heals someone. You may not always feel power or virtue leave your body when you pray for someone. Your faith does not depend on feel. Sometimes the word you speak causes the healing to come forth. Christ is in us, and He spoke the world into existence (John 1:1-3, Heb. 11:3). Since He is in us, then when we speak on His behalf, the creative power of Christ is operating in us. The power or Spirit of God goes forth to heal. In Matthew 8:5-10, we learn the story of a centurion who had a servant sick at home. Jesus offered to go heal the servant, but the centurion refused. He understood authority and told Jesus just to speak the word. Jesus spoke the healing word and the centurion’s servant was healed. Sometimes the creative word of Jesus we speak brings forth the healing. “The centurion answered and said, Lord, I am not worthy that thou shouldst come under my roof: but **speak the word only**, and my servant shall be healed” (Matthew 8:8). We should not be alarmed when we do not feel virtue leave our body.

5) When you pray, the Lord may give you a command of instruction to the person who needs healing. I call this a faith command. In John 5:8, the Bible records, “Jesus saith unto him, Rise, take up thy bed, and walk.” The man

picked up his mat and walked. In the Old Testament, the prophet Elisha told Naaman the Syrian to go wash in the Jordan seven times. The Bible says that faith without works is dead (James 2). Sometimes a person just needs to use the part of the body that is afflicted in faith that Christ will heal them. Once the faith command is completed, then the healing will manifest. The Lord most often gives me a faith command for people who have joint problems, such as hip, knee, shoulder, rheumatoid arthritis. I have prayed many times for these conditions and see healing occur when the faith command is carried out. The healing is already there, they just have to step into it.

- 6) The gifts of the Spirit may flow in coordination with the gifts of healings.** Again, Spiritual discernment is needed. In Mark 9:20-26, Jesus is asked to pray for a boy that was afflicted. The boy was throwing himself into water and fire; he was self-destructive. Jesus disciples could not cast out the spirit that was afflicting the boy. Jesus did not immediately pray. He started by asking a question, “How long is it ago since this came unto him?” (Mark 9:21b). The boy’s father informed Jesus that the spirit had afflicted him since childhood. I believe at this point we learn two things. 1) The Spirit may prompt us to ask questions about an illness. 2) In the process of asking questions, the Spirit will discern the cause of illness, the type of spirit at work (if any), and how to pray. Jesus was discerning the type of spirit which was afflicting the boy. In verse 25, Jesus rebuked a deaf and mute spirit. Once Jesus discerned how to pray, He followed through. He finishes this section by saying such a spirit only comes out by prayer and fasting (Mark 9:29). There are times we need to pray **and fast** so we can better discern the voice of God. This shows us that other gifts of the spirit may be necessary for us to flow effectively in the healing anointing.

7) The healing is applied according to a person's faith.

When we pray for healing, a person's faith level will determine manifestation. This applies to the person being prayed for as well as the person praying. As the Word reads, "Then touched he their eyes, saying, 'According to your faith be it unto you'" (Matthew 9:29). To this end, the Lord may have you minister to the person to build up their faith. I have seen this happen. Often, when I pray for someone with depression, the Lord will give me a Word of Wisdom or Knowledge about how they became depressed. This often will soften the person's heart to God and build their faith in Him. The afflicted person will then realize that the God of the Universe loves them so much that He is willing to tell someone else what they are going through. There are times you need to build up the other person's faith to believe in healing so that both the faith of the prayer and the one being prayed for are linked together.

8) We must discern when the power of God is ready to flow and how to flow in it! This goes along with the previous two. In Luke 5:17, the Bible reads, "And it came to pass on a certain day, as he was teaching, that there were Pharisees and doctors of the law sitting by, which were come out of every town of Galilee, and Judea, and Jerusalem: and the power of the Lord was present to heal them." The Power may be present for other types of manifestations, such as prophesy, a Word of Wisdom, a Word of Knowledge, etc. We must discern what aspect of God's power is present so that we can operate accordingly. Spiritual discernment is totally necessary when praying for healing. We must have guidance from the Lord about how to pray.

A few, final points on healing. Often, when I pray for someone to be healed I will feel pain in the part of my body that they feel pain in. If someone has a shoulder problem, usually my shoulder will hurt. Of course, it is not the same intensity as the person who

needs healing. It is important that you are sensitive to this. The Lord may show you an illness or injury that they are not aware of. Often we get familiar with pains in our bodies. When this happens, God is giving you a Word of Knowledge about another person's illness. I tell you this so you will not think it is weird or strange. It is from the Lord. You are operating in His wonderful promise. Sometimes the Lord uses this to show me injuries the other person did not know they had a problem with.

Why does this happen? "This was to fulfill what was spoken through the prophet Isaiah: "He took up our infirmities and carried our diseases" (Matthew 8:17). Part of the reason Christ came into this world is to bear our infirmities and our burdens. We cannot bear illness on our own. When Christ is in us, then we can help bear the illnesses of others. Christ is still the healer, but He is using us to administer that healing on earth right now. This is the essence of what Paul said when He wrote, "Bear ye one another's burdens" (Gal. 6:2). After a few minutes or hours, the pain or feeling of illness will leave your body. Fasting causes it to leave sooner.

One specific condition I want to give you some insight on is praying for people who have depression, anxiety, or fibromyalgia. Often when I pray for these conditions, the Lord shows me that the person who needs healing has a wounded spirit. Sometimes joint pain or rheumatoid arthritis will be caused by this. This means they have experienced something traumatic in their life: usually abuse, neglect, broken promises, or suffered persecution. Due to these negative experiences, they have unforgiveness, hurt, and pain inside.

Solomon wrote, "The spirit of a man will sustain his infirmity; but a wounded spirit who can bear?" (Proverbs 18:14). The spirit of a man is the intangible part of our being that allows us contact with God. It motivates us and compels us to act. When a person's spirit is wounded, they fall apart physically. They lose all motivation and drive. Many illnesses can come from a wounded spirit.

The key to praying for the people is to get them to release the pain from their heart and forgive those who have hurt them. As they do this in their heart, you pray for them to receive a fullness of God's joy. It is important to teach them to walk in forgiveness once you have finished praying. You will be astounded at the results!

Some people have health problems from familiar spirits. Familiar Spirits can attach to us generationally. They can also attach to our minds. Some people have gone through an injury or accident that takes a long time to recover from. As time wanes on, familiar spirits latch onto their minds and make them think they are hurting when in actuality they are fine. Fasting and prayer is necessary for praying for these kinds of conditions. This is similar to Jesus praying for the young boy in the example above.

One question you might have is this: How long should I pray?
And How long should I fast?

It depends on what you are praying for. Brokenness is a huge part of praying for others. You must realize that neither you nor anyone else can achieve what needs to be done. You must have a realization that only God can do it and that you need Him to interact or intervene. The same is for fasting. Usually, you pray until you see results or the Lord speaks to you and tells you it is done. Your prayers should be simple; they do not have to be long and complex. Jesus usually prayed for people with a few words or a sentence. Fasting can be done until results or seen, but the Lord may lead you to go on a fast of a certain number of days. Always seek the Lord when fasting. It is an important spiritual discipline that requires discernment and direction from Him.

Lastly, it is important we understand the proper place of the blood and body of our Lord. It is the holiest thing in the Universe, so we must know the proper use of it. The blood of Jesus was shed for our forgiveness of sins (Hebrews 9:22). When it comes to issues concerning forgiveness, we need the blood of Jesus and apply it accordingly. When we pray for healing, we need to pray for the

STRIPES of Christ to be applied. Usually, people just plead the blood on healing (I did at one time), but it is the stripes we must pray to be applied. In Isaiah 53:5, we learn a prophesy about Jesus which reads, “But he was wounded for our transgressions, he was bruised for our iniquities: the chastisement of our peace was upon him; and with his stripes we are healed.” The revelation of His body as the source of all healing is important for prayer. I have only recently come into this revelation. You can ask God to place their illnesses on Jesus’ body on the tree. If the illness is there on His body because He already took it, then it is not here in the now! As Peter wrote, “. . .by whose stripes ye were healed” (I Peter 2:24). Peter wrote in the past tense. It has already been done for us. We need to put sickness where it belongs and walk in healing today – even right Now! Christ took every infirmity on His body. Every stripe he took was another infirmity in his body. We cannot bear them. He took them so we do not have to bear them.

God wants you to be healed. To pray for others, you must have a heart that breaks at the sight of sickness as God our Father looks at our sicknesses. To be healed, you must want to be healed. Some people nurse injuries to get attention or for manipulation. This is not always the case, but there are some people who do this. You must desire healing and want to walk in wholeness. When you nurse an illness or grow attached to it, a familiar spirit may manipulate your feelings. You must pray for freedom from this. The Lord is the great healer and the great Freedom fighter!

I want to conclude this short booklet with two things. One, personal testimonies of healing I have experienced since I started praying for people to be healed. Two, a prayer you can pray over yourself for any illness or sickness to be healed.

First, here are some personal testimonies on healing that I have seen since I started praying for people to be healed. This is not all of them, but it gives you some faith building testimonies.

Myself– I suffered from bursitis in the knee from a baseball injury; I had some cartilage missing from my knee. My kneecap

would even slide out of place. God healed me instantly! I have had no problem from that day until now!

Kaye – Healed from Raynaud’s disease!

Kaye – She suffered from pain every night when she was asleep due to Rheumatoid Arthritis. We prayed, and God healed her instantly! She has full mobility with no pain!

Martha – Healed from breast cancer!

Mary – Healed from a shoulder condition that restricted her from moving her shoulder!

Frank – Fractured vertebrae healed!

Jayce – Had a torn MCL, ACL, Meniscus, and PCL from a sports injury. She was in a brace and limping. After we prayed for her, they all grew back instantly!

Adam – Torn Achilles tendon healed completely! He threw off the boot he was wearing and started walking!

Ruth – She had carpal tunnel so bad that she required a brace for both wrists. When she was prayed for, she took off the braces from her arms and she has had no pain from that day until now!

Shana – Healed from neuropathy!

James – Healed from cancer!

Mikel – Suffered from severe pain in her legs from previous injuries. God healed her instantly and she felt no pain!

Jacob – Healed of a bone spur in his foot and foot tendonitis!

Jasper – Healed of depression. He is now full of joy!

Brian – He had a injured ankle and was unable to work. He had a boot on. I felt compassion for this man because he was hurting and he had a family to take care of. We prayed, and his ankle was immediately healed. He threw off the boot, started walking, and praised the God of Heaven.

Annie – She had severe pain in her hands from Arthritis. She also had soreness from a previous surgery. We prayed and God healed her hands and body so that she had no soreness!

I have seen many more testimonies which would take much more space to type out. God healed each of these people, and He is perfectly capable of healing you as well! If you are presently in need of healing of any kind, no matter if it is physical, in your heart, mind, a past event that has you emotionally scarred, or otherwise, just keep reading. It's time for your healing.

Personal prayer of healing:

Lay hands on your body where you are afflicted. If it is a mental or emotional wound, then put your hand on your head or heart. Pray this prayer:

Lord Jesus, I believe you came to bring healing to my body. Good God, Savior, and Redeemer, heal my body so your name can be glorified in all the earth. My infirmity is on your body on the cross. It is not here, it is there. By your stripes, I am healed. I receive this healing in my (your affliction). I AM whole in Jesus name. No demon can afflict me any longer. My physical, mental, and emotional parts are healed according to your Word. I surrender to do your will. In Jesus name. Amen.

Now, go pray for others to be healed in Jesus name!

Meet the Author

Kelly McDonald Jr. is an ordained Evangelist at Hungry Hearts Ministries in Jackson, TN. For 21 years, Kelly attended Trinity Baptist Church in Bemis, TN, where he was saved in 1992. While at Trinity, a small independent Baptist church, Kelly learned boldness for the Kingdom of God and that being a Christian is an all or nothing experience. In June 2006, Kelly was called to his first ministry, going door to door in the Bemis community and inviting people to church. In September 2006, Kelly was called to begin a Christian men's group at his then college, Lambuth University. In February 2007, Kelly was called to preach. Less than a month later, he became introduced to Hungry Hearts Ministries.

Since becoming a member of Hungry Hearts, Kelly has taken on many roles to further the ministry's work, from going door-to-door to pass out booklets, preaching, administering the prison ministry, teaching Bible Studies, and starting churches. Due to his service in the ministry, he was ordained a Deacon during the Feast of Pentecost on May 31st, 2009. His spiritual growth and desire to serve God led to his ordination as an Evangelist during the Feast of Pentecost on May 25th, 2012.

Kelly has written for a local Christian magazine, *The Christian to Christian Connection*, and for the international Sabbatarian magazine, *The Sabbath Sentinel*. He currently writes for and serves as the Editor for the Ministry's magazine, *Pursuit*. Kelly has written several books and booklets on how to live a holy life. Kelly graduated *summa cum laude* from Lambuth University in Jackson, TN in 2009. He earned a Bachelor of Science with a double major in Political Science and Sociology with a minor in Legal Studies. Kelly has been preaching since 2007 and is available to speak at your church upon request.

Healing is a powerful promise from God. In this booklet, you will learn why healing is still relevant. You will learn how to pray for people to be healed. You will read real life healing testimonies and how you can receive full and total healing from God right now! It is the will of God for you to be completely whole and healed!



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