

Be Filled With the Spirit

Kelly McDonald, Jr.

Be Filled With the Spirit

Kelly McDonald, Jr.

This booklet is a short version of a longer book. To learn more information about the book, turn to page 22 of this booklet.

Published by Hungry Hearts Ministries
PO Box 10334
Jackson TN 38308
hungryheartsmi@aol.com

No part of this work may be reproduced or republished without express written consent of Hungry Hearts Ministries. It may be freely shared electronically in its original form without editing. All rights reserved.

1st ed— July 2014; 2nd ed— Feb 2017; 3rd ed—April 2018.

All Bible references come from the Kingdom Life Version: Public Domain.

Table of Contents

Introduction	6
You Have A Gift Waiting On You!	7
The Baptism of the Holy Spirit	9
Praying in the Spirit.....	14
The Power to Change	17
Be Filled With the Spirit.....	19
More Materials on this Subject	22

Introduction

You drink water every day. In fact, it is necessary for life. Imagine for a moment that you took a glass of water and kept pouring water into it. Eventually, that glass would be full and then overflowing. It would spill out on the ground.

When you repent of your sins and receive Jesus as your Savior, you receive a well of the Holy Spirit within you. Just like water, the Holy Spirit occupies space within us. This well of God's Spirit gives you strength to overcome. It satisfies your spiritual longings in the same way that drinking a glass of water satisfies your natural thirst.

There is a special event called The Baptism of the Holy Spirit where the well of the Holy Spirit springs up and overflows into your surroundings! In this booklet, you will learn about being filled with the Spirit! When we are filled with the Spirit, it overflows into our surroundings! Jesus even compared the flowing of His Spirit to rivers of water!

37 Now on the last and greatest day of the feast, Jesus stood and cried out, "If anyone is thirsty, let him come to me and drink! 38 He who believes in me, as the Scripture has said, from within him will flow rivers of living water." 39 But he said this about the Spirit, which those believing in him were to receive. (John 7:37-39a)

Chapter 1

There is a Gift Waiting For You!

When someone offers you a gift, all that is required of you is to show up and receive it. The payment for the gift has already been made. It is ready for you. You must learn to receive.

Salvation is a gift. "...for by grace you have been saved through faith, and that not of yourselves; it is the gift of God" (Eph. 2:8). The death of Jesus paid for this gift with His death on the cross. As a believer, this is the first gift we learn to receive. However, He has other gifts for us! We just have to know what they are and be ready to receive them.

One of these gifts is called the Baptism of the Holy Spirit. It is something we just receive. Jesus paid the price for it. We just have to receive it.

Baptism in water teaches us about the Baptism of the Holy Spirit. When we are Baptized in water, we are immersed in water. The water covers us and soaks us. When we get out of the water, we are dripping wet. When we are Baptized in the Spirit, there is a similar effect, but it is spiritual. We are immersed in the Spirit of God; it fills us up and flows out of us.

The Holy Spirit is actually compared to water. In John chapter 4, Jesus spoke to a woman at Jacob's well. While at this well, he said to her, "If you knew the **gift** of God, and who it is who says to you, 'Give me a drink,' you would have asked him, and he would have given you living water'..He said, 'Everyone who drinks of this water will thirst again, 14 but whoever drinks of the water that I will give him will never thirst again; but the water that I will give him will become in him a well of water **springing up** to eternal life'" (John 4:10, 13-14).

At salvation, you receive the deep well of the Holy Spirit. Jesus said that this well would spring up within us! In other words, it is meant to spring up. How does this happen? To have this well

SPRING up within us, we must continue to believe in Jesus and His promises for our lives!

As we trust in God, there is an increase of faith in Him. As this belief increases, the well of the Holy Spirit begins to spring up within us.

The Holy Spirit is also compared to a river of water. In John 7:37-39a, Jesus said, “If anyone is thirsty, let him come to me and drink! 38 **He who believes in me**, as the Scripture has said, ‘from within him will flow rivers of living water.’ 39 But he said this about the Spirit, which those believing in him were to receive” (John 7:37-39a).

God’s promises are like gifts. As we seek them, we are rewarded. “Without faith it is impossible to be well pleasing to him, for he who comes to God must believe that he exists, and that he is a rewarder of those who seek him” (Hebrews 11:6).

In Luke 11:9-13, Christ said, “9 I tell you, keep asking, and it will be given you. Keep seeking, and you will find. Keep knocking, and it will be opened to you. 10 For everyone who asks receives. He who seeks finds. To him who knocks it will be opened. 11 “Which of you fathers, if your son asks for bread, will give him a stone? Or if he asks for a fish, he won’t give him a snake instead of a fish, will he? 12 Or if he asks for an egg, he won’t give him a scorpion, will he? 13 If you then, being evil, know how to give good gifts to your children, how much more will your heavenly Father give the Holy Spirit to those who ask him?”

Chapter 2

The Baptism of the Holy Spirit

John the Baptist was a powerful man of God who started his ministry just before Jesus. John prepared the people to receive the ministry of Jesus by calling them to repent or change their attitude towards God.

When people confessed their sins and repented, John baptized them in water. Again, this means to fully immerse someone in water. This is why he was called “John the Baptist.” In his ministry, he also promoted another kind of baptism. He even admitted that he was NOT the one who would administer this baptism. It could only be administered by Jesus.

John the Baptist said, “I baptize you with water. But one more powerful than I will come, the thongs of whose sandals I am not worthy to untie. He will baptize you with the Holy Spirit and with fire” (Matthew 3:11). This is reiterated in Mark 1:8, Luke 3:16, and John 1:33. Jesus called John a prophet (Matthew 11:9-11). Prophets foretell the future. John promised that this Baptism in the Holy Spirit was going to come in the future.

Jesus came to earth for many reasons. One was to save humanity from sin and its penalty, which is the Lake of Fire. The second was to bring healing to all who would accept Him. Another reason He came was to baptize us in the Holy Spirit. He would fulfill the prophecy delivered by John the Baptist.

After Jesus resurrected from the dead, He spent forty days speaking to the disciples about the Kingdom of God. This is recorded in Acts chapter 1. Imagine the conversations they had! Of all the things that Luke (the author of Acts) wrote down for us from these conversations, only one is mentioned: The Baptism of the Holy Spirit.

Acts 1:3-8

3 To these he also showed himself alive after he suffered, by many proofs, appearing to them over a period of forty days, and speaking about God's Kingdom. 4 Being assembled together with them, he commanded them, "Don't depart from Jerusalem, but wait for the promise of the Father, which you heard from me. 5 For John indeed baptized in water, but you will be baptized in the Holy Spirit not many days from now." 6 Therefore when they had come together, they asked him, "Lord, are you now restoring the kingdom to Israel?" 7 He said to them, "It isn't for you to know times or seasons which the Father has set within his own authority. 8 But you will receive power when the Holy Spirit has come upon you. You will be witnesses to me in Jerusalem, in all Judea and Samaria, and to the uttermost parts of the earth."

Of all the things that were discussed over this forty-day period, Luke found only ONE to be the most important for us to know: the Baptism of the Holy Spirit. In these verses, we learn some clues about this baptism.

First, they were not supposed to leave Jerusalem until they received it. They could not start ministering about the resurrection of Christ until they had it. Secondly, Jesus related it to the Baptism in water. He recalled to their minds the message of John the Baptist about the Baptism of the Holy Spirit. This means they did not have it at the time Jesus said these words. Lastly, it would empower them to go out and testify to others about Jesus.

In Acts 2:1-4, this Baptism was poured out: "1 Now when the day of Pentecost had come, they were all with one accord in one place. 2 Suddenly there came from the sky a sound like the rushing of a mighty wind, and it filled all the house where they were sitting. 3 Tongues like fire appeared and were distributed to them, and one sat on each of them. 4 They were all filled with the Holy Spirit, and began to speak with other languages, as the Spirit gave them the ability to speak."

We can read that the disciples were filled with the Spirit. They already had the Spirit of God (see John 19:20-23). They already had the WELL of the Spirit! But when they were filled, that well sprung up out of them! It flowed out of them like a river! We can see that they even spoke in other languages.

Starting with this powerful event, the disciples would go out to minister about the resurrection of Jesus. This Baptism also accompanied their ministry!

In Acts chapter 10, the Apostle Peter went to preach at the home of Cornelius, a centurion. As he was preaching, the Baptism of the Holy Spirit fell upon those who listened.

Acts 10:42-48

“42 He commanded us to preach to the people and to testify that this is he who is appointed by God as the Judge of the living and the dead. 43 All the prophets testify about him, that through his name everyone who believes in him will receive remission of sins.” 44 While Peter was still speaking these words, the Holy Spirit fell on all those who heard the word. 45 They of the circumcision who believed were amazed, as many as came with Peter, because the gift of the Holy Spirit was also poured out on the Gentiles. 46 For they heard them speaking in other languages and magnifying God. Then Peter answered, 47 “Can anyone forbid these people from being baptized with water? They have received the Holy Spirit just like us.” 48 He commanded them to be baptized in the name of Jesus Christ. Then they asked him to stay some days.”

Interestingly enough, Peter was preaching about the salvation that comes through Christ. He preached how our sins can be forgiven through the Messiah. As this promise was being preached, another promise was poured out—the Baptism of the Holy Spirit! They also spoke in other languages (also called speaking in tongues).

This example is unique because they were not baptized in water until AFTER they had received the Baptism of the Holy Spirit. Notice that they were still baptized in water. Water baptism is still necessary.

In Acts chapter 11, Peter was telling others about this event. As he recalled the details, he said, “15 As I began to speak, the Holy Spirit fell on them, even as on us at the beginning. 16 I remembered the word of the Lord, how he said, ‘John indeed baptized in water, but you will be baptized in the Holy Spirit.’ ”

Peter compared those that received the outpouring of the Spirit in Acts chapter 10 to himself and others receiving the Spirit in Acts chapter 2. This is indicated by the phrase “even as on us at the beginning.” He then refers to the events of Acts chapter 10 as the Baptism of the Holy Spirit.

There’s another powerful example in the book of Acts that really illuminates the importance of this spiritual baptism. In Acts 18:24-26, a man named Apollos was ministering to a group of people. In Acts 18:25, it is written, “25 This man had been instructed in the way of the Lord; and being fervent in spirit, he spoke and taught accurately the things concerning Jesus, although he knew **only** the baptism of John. 26 He began to speak boldly in the synagogue. But when Priscilla and Aquila heard him, they took him aside, and explained to him the way of God more accurately.”

In verse 26, we learn that Priscilla and Aquila invited this man of God to their home to explain to him the way of God more adequately. In verse 25, we learn that Apollos **only** knew the Baptism of John. This word **only** is important and should be noted. Apollos **only** had the baptism in water; this means he needed to learn about another baptism.

In Acts chapter 19:1-10 Paul traveled to Ephesus. In this town, he encountered people who had not been baptized in the Holy Spirit.

He then prays for them to be filled with the Spirit, and they spoke in tongues.

Acts 19:1-7

1 While Apollos was at Corinth, Paul, having passed through the upper country, came to Ephesus and found certain disciples. 2 He said to them, “Did you receive the Holy Spirit when you believed?” They said to him, “No, we haven’t even heard that there is a Holy Spirit.” 3 He said, “Into what then were you baptized?” They said, “Into John’s baptism.” 4 Paul said, “John indeed baptized with the baptism of repentance, saying to the people that they should believe in the one who would come after him, that is, in Jesus.” 5 When they heard this, they were baptized in the name of the Lord Jesus. 6 When Paul had laid his hands on them, the Holy Spirit came on them and they spoke with other languages and prophesied. 7 They were about twelve men in all.

The mention of Apollos only having the Baptism of John at the end of Acts chapter 18, and then Paul praying for people to receive the Baptism in the Spirit at the beginning of Acts 19 is not coincidental! Apollos needed the Baptism of the Holy Spirit!

Hebrews 6:1-2

1 Therefore leaving the teaching of the first principles of Christ, let’s press on to perfection—not laying again a foundation of repentance from dead works, of faith toward God, 2 of the teaching of baptisms, of laying on of hands, of resurrection of the dead, and of eternal judgment.

We must recognize that there is more than one Baptism we need. When you repent, you need the Baptism in water. However, you also need the Baptism that only Jesus can administer—the Baptism of the Holy Spirit. It is a fundamental teaching of Christ and one of the reasons why He came to earth! He wants to empower you to testify of the salvation and goodness He gladly extends to mankind.

Chapter 3

Praying in the Spirit

As mentioned in the introduction, if you take a cup of water and pour more water in it, eventually the cup will overflow. This is the same process that happens when we are filled with the Holy Spirit. It is the Spirit of God springing up and out of us!

Earlier in the booklet, we quoted John 7:37-39 where Jesus compared this overflow to rivers flowing out of your belly. In the last chapter, we saw some examples of believers being filled with the Spirit to overflowing.

There was actually an outward sign of that overflowing—speaking in other languages. This is also called speaking in tongues. Why would this be the outward sign of this inward infilling?

Jesus said in Matthew 12:34b “For out of the abundance of the heart, the mouth speaks.” What people discuss in their conversations reveal what is in their heart. When people talk about the things of God, it shows that they highly value the things of God. If someone talks a lot about sports, it shows that they value sports.

When you are filled with the Spirit, the abundance of the Holy Spirit rising up within you creates a direct release from your mouth. It is a sign that the well of the Holy Spirit within you is overflowing.

Jesus told the disciples that they would receive power when the Holy Spirit came upon them (Acts 1:8). The first outward sign of this power is through the tongue. In Genesis chapter 3, satan deceived Adam and Eve through speech. Through this same faculty, God is restoring faith.

James, the half-brother of Jesus, had some interesting things to say about the human tongue: “3 Indeed, we put bits into the

horses' mouths so that they may obey us, and we guide their whole body. 4 Behold, the ships also, though they are so big and are driven by fierce winds, are yet guided by a very small rudder, wherever the pilot desires. 5 So the tongue is also a little member, and boasts great things. See how a small fire can spread to a large forest! 6 And the tongue is a fire. The world of iniquity among our members is the tongue, which defiles the whole body, and sets on fire the course of nature, and is set on fire by Gehenna. 7 For every kind of animal, bird, creeping thing, and sea creature, is tamed, and has been tamed by mankind; 8 but nobody can tame the tongue. It is a restless evil, full of deadly poison. 9 With it we bless our God and Father, and with it we curse men who are made in the image of God. 10 Out of the same mouth comes blessing and cursing. My brothers, these things ought not to be so" (James 3:3-10).

James compared the tongue to a rudder on a ship, which controls its direction. It is also called a little member and is set on fire by Ghenna, which is a reference to the Lake of Fire. Proverbs 18:21 reads, "Death and life are in the power of the tongue; those who love it will eat its fruit."

God wants to set this little member on fire with HIS Spirit! He wants to reform this part of our body with a NEW Language! This is a sign of NEW life within us! Jesus came to give us life and to give us life more abundantly (John 10:10).

When a person speaks or prays in tongues, it is also called "praying in the Spirit" or "speaking in the Spirit." Paul explained this in I Corinthians 14:13-15.

I Corinthians 14:14-15

14 For if I pray in another language, my spirit prays, but my understanding is unfruitful. 15 What is it then? I will pray with the spirit, and I will pray with the understanding also. I will sing with the spirit, and I will sing with the understanding also.

In Romans 8:26-27, Paul described it this way: “26 In the same way, the Spirit also helps our weaknesses, for we do not know how to pray as we ought. But the Spirit himself makes intercession for us with groanings which cannot be uttered. 27 He who searches the hearts knows what is on the Spirit’s mind, because he makes intercession for the saints according to God.”

When you speak in tongues, the well of the Holy Spirit is springing up from within you! The Spirit of God praying through you.

There is actually scientific research to confirm this! In 2006, the University of Pennsylvania did a study where they measured brain activity of Christians before they spoke in tongues and while they spoke in tongues. They found that when people speak in tongues, the frontal lobe was essentially shut down. The frontal lobe makes us feel that we are in control and is the decision-making part of the brain (1).

Paul said in I Corinthians 14:14 that “...if I pray in another language, my spirit prays, but my understanding is unfruitful.” Our minds are unfruitful because the Spirit of God is praying through us. We are literally not in control because we are yielding control of our tongue to God (which James compares to a rudder on a boat). The study also found that the parietal region of the brain, which is responsible for developing our sense of self, was also dormant. As our mind becomes unfruitful by speaking in tongues, it allows the Spirit of God to affirm our identity. It has a physical affect on us.

In Christ, we are a new creature. “Therefore if anyone is in Christ, he is a new creation. The old things have passed away. Behold, all things have become new” (2 Cor. 5:17). Tongues is a new language available for a new person in Christ.

(1)“Language Center of the Brain is Not Under the Control of Subjects Who “Speak in Tongues.” University of Pennsylvania School of Medicine. October 30, 2006.

Chapter 4

The Power to Change

As aforementioned, tongues is the outward evidence of the Holy Spirit springing up within us. However, there will also be other evidence in our lives. In other words, tongues is just one of other changes we can expect.

If you remember, Jesus spoke to the believers about being filled with the Spirit in Acts chapter 1. In verse 8, He said, “But you will receive power when the Holy Spirit has come upon you. You will be witnesses to me in Jerusalem, in all Judea and Samaria, and to the uttermost parts of the earth.” Luke 24:49 words it this way: “Behold, I send out the promise of my Father on you. But wait in the city of Jerusalem until you are clothed with power from on high.”

When the Baptism of the Holy Spirit comes into your life, you will be clothed with power. You will be filled with power! It is a force that will cause both inward and outward change! This power will help you to overcome.

Do you ever get frustrated by your behavior? Are there things about your life you would like to change for the better? Do you get angered by situations in life and act in destructive ways? Do you feel held back? You may feel like something keeps you from making these changes. By human effort, we cannot make true change. We will always be frustrated. When you are filled with the Spirit of God, you are going to experience the power of God; it is the power to help you overcome your downfalls.

This power will help you to be a living witness of Christ’s life! As you use the infilling of the Spirit by speaking in tongues, your view of the world will change. Love will overflow from within your vessel so that you have an even greater desire to reach out to others who are hurting and spiritually blind.

God is going to download understanding into your heart, mind, and spirit. This understanding is called **revelation knowledge**. It is something God supernaturally imparts into you. Revelation is understanding given directly by God. You will have dreams with spiritual significance.

You will begin to manifest the fruits of the Spirit on a whole new level, which is Christ's character in your life. These fruits are the character needed to be fruitful for God's Kingdom. These fruits are discussed in Galatians 5:22-23.

You will also manifest gifts of the Spirit in greater abundance. These gifts are the power of God used to help other people experience God's Kingdom provision. They will also confirm that Christ lives in you. Paul discussed these nine gifts in I Corinthians chapter 12. Your calling will also become abundantly clear. Your calling is your identity in Jesus Christ because it defines the nature of your Kingdom work.

As you learn to operate in the Baptism of the Holy Spirit, letting His fruits grow, His gifts flow, and your calling show, you will have life-changing experiences with God.

In John 10:10b, Jesus said, "I came that they may have life, and may have it abundantly." Jesus came to give us eternal life—a life that never ends. But He also came to make this life more fruitful than we could ever imagine. Allow Him to fill you with His supernatural power.

Chapter 5

Be Filled With the Spirit

In Ephesians 5:15-18, Paul wrote, “15 Therefore watch carefully how you walk, not as unwise, but as wise, 16 redeeming the time, because the days are evil. 17 Therefore don’t be foolish, but understand what the will of the Lord is. 18 Don’t be drunken with wine, in which is dissipation, but keep being filled with the Spirit”.

In Ephesians, Paul informed us that the will of the Lord for your life is to be filled with the Spirit. It is a wise thing to do, and it is how we make the most of the evil days we all live in. From this verse, we can see how we are commanded to be filled with the Spirit. This means that it is something we should seek with all of our hearts.

Notice that Paul said we should keep being filled with the Spirit. This indicates that being filled with the Spirit is not a one-time experience in our lives. There is an initial point in which we receive it, but we must keep being filled.

When we go through life, we are bombarded from Satan the devil and the world. We have daily irritations and trials that we go through. We still sin. We have to use the Holy Spirit inside of us to gain victory over the temptation of the devil. We use the Holy Spirit to persevere in trial. Sin and daily irritations drain the supply of the Holy Spirit within us because we use the Spirit’s power to overcome.

As these events go on in our lives, we learn that we need to be filled with the Spirit again. In Acts 2, the disciples were initially filled with the Spirit. In Acts 4:23-31, we learn about them being re-filled.

In this chapter, we will review receiving the Baptism of the Holy Spirit. If you have already been filled with the Spirit, then this chapter will be for you to receive a fresh infilling of the Spirit. At

this point, you will want to get in a place where you can spend some time alone with God. You also want to allow some time for God to work with you.

There are a few basic things you must understand before you can receive the Baptism of the Holy Spirit. First, you must forgive people who have wronged you. Think about people who have hurt you from your past. Forgive them from your heart. Secondly, you must ask God to forgive you of your sins and then make the free will decision to turn away from a life of sin. Once you have forgiven others, you can be forgiven.

Jesus compared the Baptism of the Holy Spirit to a river of living water which flows up from within us. If we have a stony, hard heart, then there is a rock preventing that river from flowing. We must pray for God to give us a soft heart. Forgiving others and asking God for forgiveness does just that.

Remember that when you feel the Holy Spirit begin to rise up in you, you will feel like speaking in tongues. The Spirit of God is going to flow from your belly up and straight out of your mouth. It will not enter into your mind. God will be controlling your mind. You do not have to think about what is coming out of your mouth; just let it flow out. Just do it—speak in tongues.

As reviewed, Paul informed us that our minds would be unfruitful when we speak in tongues (I Cor. 14:14). You are not reading this booklet by coincidence. You have been called out of the world to receive this special gift.

In Luke 11:9-13, Christ said, “9 I tell you, keep asking, and it will be given you. Keep seeking, and you will find. Keep knocking, and it will be opened to you. 10 For everyone who asks receives. He who seeks finds. To him who knocks it will be opened. 11 “Which of you fathers, if your son asks for bread, will give him a stone? Or if he asks for a fish, he won’t give him a snake instead of a fish, will he? 12 Or if he asks for an egg, he won’t give him a scorpion, will he? 13 If you then, being evil, know how to give

good gifts to your children, how much more will your heavenly Father give the Holy Spirit to those who ask him?”

The Holy Spirit is a good gift for us. We do not have to beg for it, but simply ask with an earnest heart. Are you ready? If so, then pray the following prayer:

My Heavenly Father, the Great God, the One and True God, I forgive all those who have hurt me. I release all unforgiveness, hurt and pain from my heart towards them. I repent for my sins, and I want to live a holy life. I want to receive the Baptism of the Holy Spirit with fire and evidence of speaking in tongues in Jesus name.

Allow Jesus time to work with you after you pray this. Spend time with Him. He is our Savior, Healer, and Holy Spirit Baptizer.

More Materials

If you are interested in more materials on this subject, email us at hungryheartsmi@aol.com or write us at PO Box 10334 Jackson, TN 38308.

Acquire a Full-Length Book on this Subject

If you want to learn more about: the power of the Baptism of the Holy Spirit, the Fruits of the Spirit, the Gifts of the Spirit, and your Spiritual calling, then order our book **“Restoring Spiritual Vision: A Guide on the Baptism of the Holy Spirit”**.

Yours for only \$12

You can also order online!

Go to the website:

www.hungryheartsmi.com

Click on the BUY BOOKS page

Scroll down until you see the title

This booklet will help you learn more about being filled with the Spirit. It is a gift from God that will change you forever. This Spirit-filled life will cause the power of God to overflow in your life like you have never experienced before!



Kelly McDonald, Jr. is an ordained Evangelist at Hungry Hearts Ministries in Jackson, TN. He has written 40 books and booklets on pursuing Jesus Christ. He has been preaching since 2007 and is available to speak at your church upon request.

www.hungryheartsmintistry.com